| Zeitplan | Kreismeisterschaften 17.07.2022 | | | | | | | | | | |
|----------|---------------------------------|----------------|--------|--------|--------|--------|--------|--------|--------|--------|--|
| | | | | | | | | | | | |
| Zeit | M | MU20 | MU18 | MU16 | MU14 | F | WU20 | WU18 | WU16 | WU14 | |
| | | | | | | | | | | | |
| 10:00 | 3000m | 3000m | 3000m | | Weit 2 | 3000m | 3000m | 3000m | Kugel | Weit 1 | |
| 10:15 | | | | | | | | | | | |
| 10:30 | | 100m | 100m | 100m | | | | | | | |
| 10:45 | | | | | | 100m | 100m | 100m | 100m | | |
| 11:00 | Kugel | Kugel | Kugel | Kugel | Hoch | | | | | Hoch | |
| 11:15 | | | | | | | | | | | |
| 11:30 | | | | | 75m | Weit 2 | Weit 2 | Weit 2 | Weit 2 | | |
| 11:45 | | | | | | | | | | 75m | |
| 12:00 | | Weit 1 | Weit 1 | Weit 1 | | | | | | | |
| 12:15 | | | | | Kugel | | | | | Kugel | |
| 12:30 | | | | | | Hoch | Hoch | Hoch | Hoch | | |
| 12:45 | | | | | | | | | | | |
| 13:00 | Hoch | Hoch | Hoch | Hoch | 4x75m | Kugel | Kugel | Kugel | | 4x75m | |
| 13:15 | | | | | | | | | | | |
| 13:30 | | | | | Ball | | | | | Ball | |
| 13:45 | 4x100m | 4x100m | 4x100m | 4x100m | | 4x100m | 4x100m | 4x100m | 4x100m | | |
| 14:00 | | | | | | | | | | | |
| 14:15 | | | | | | | | | | | |
| 14:30 | Siegerehrungen | | | | | | | | | | |
| 14:45 | | | | | | | | | | | |
| 15:00 | | 800m | 800m | | | 800m | 800m | 800m | | | |
| 15:15 | | | | 800m | 800m | | | | 800m | 800m | |
| 15:30 | | | | | | | | | | | |
| 15:45 | | Siegerehrungen | | | | | | | | | |
| 16:00 | | | | | | | | | | | |
| 16:15 | | | | | | | | | | | |
| 16:30 | | | | | | | | | | | |